

# Section 1: 8-K (TRUSTCO BANK CORP NY 8-K 4-13-2010)

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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

## FORM 8-K

CURRENT REPORT PURSUANT  
TO SECTION 13 OR 15(D) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of Report (date of earliest event reported): April 13, 2010

## TrustCo Bank Corp NY

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### Other Events, Financial Statements and Exhibits

#### Item 8.01. Other Events

A press release was issued on April 13, 2010 announcing that Audit Integrity, Inc. ranked TrustCo Bank Corp NY as one of its 2010 Audit Integrity Top 100. Attached is a copy of the press release labeled as Exhibit 99(a).

#### *Glennville, New York – April 13, 2010*

Audit Integrity, an independent research firm that rates more than 8,000 public corporations on the quality of their corporate integrity as measured by accounting quality and corporate governance practices announced that TrustCo Bank Corp NY (**TrustCo, Nasdaq: TRST**) has been ranked as one of its **2010 Audit Integrity Top 100**. TrustCo is one of only 22 companies in the top 100 that were also included on the 2009 list, and one of just four banks on the list.

Audit Integrity calculates an “Accounting and Governance Risk” rating (or AGR®) on a scale of 0 to 100 based on the transparency and statistical reliability of a corporation's financial reporting and governance practices. TrustCo's AGR rating placed it in the 99% percentile of the 8,000 thousand companies rated. The ratings are available at [www.auditintegrity.com](http://www.auditintegrity.com) and were discussed on the website of [Forbes Magazine](#).

TrustCo Chairman, President and Chief Executive Officer Robert J. McCormick noted, “We are pleased that this objective analysis of TrustCo's accounting and corporate governance has placed us in the top 100 of more than 8,000 companies. We have always considered corporate integrity to be of critical importance, and that has never been more apparent than during the financial and economic crisis that has such a severe impact on so many companies in the United States. We have all been impacted by the economic and market turmoil, but TrustCo remains profitable, well capitalized and highly liquid thanks to our long-term focus on sound business principles.”

TrustCo Bank Corp NY is a \$3.7 billion bank holding company and through its subsidiary, Trustco Bank, operates 133 offices in New York, Florida, Massachusetts, New Jersey and Vermont.

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In addition, the Bank operates a full service Trust Department. The common shares of TrustCo are traded on The NASDAQ Global Select Market under the symbol **TRST**.

Except for the historical information contained herein, the matters discussed in this news release and other information contained in TrustCo's Securities and Exchange Commission filings may express “forward-looking statements.” Those “forward-looking statements” may involve risk and uncertainties, including statements containing future events or performance and assumptions and other statements of historical facts.

TrustCo wishes to caution readers not to place undue reliance on any such forward-looking statements, which speak only as of the date made. The following important factors, among others, in some cases have affected and in the future could affect TrustCo's actual results, and could cause TrustCo's actual financial performance to differ materially from that expressed in any forward-looking statement: (1) credit risk, (2) interest rate risk, (3) competition, (4) changes in the regulatory environment, (5) real estate and collateral values, and (6) changes in national and local market areas and general business and economic trends. The

foregoing list should not be construed as exhaustive, and the Company disclaims any obligation to subsequently revise any forward-looking statements to reflect events or circumstances after the date of such statements, or to reflect the occurrence of anticipated or unanticipated events. Additional discussion of risks can be found in the Company's annual reports, Form 10-K and Form 10-Q filings.